



SacValley CNPS Nursery and Gardens

The mission of SacValley CNPS Nursery (aka Elderberry Farms) is to promote awareness of the benefits of native plant habitat, encourage community involvement, and provide a source of local native plants for gardening and restoration projects.



Volunteer Basics Handout

Volunteers are the face, heart, and soul of CNPS.

For this reason, we encourage a culture of gratitude and celebration of volunteers.

When: Workdays are Mondays and Wednesdays from 10:00-noon (9:30 April-September). On Wednesdays we share a lunch of Peanut Butter & Jelly sandwiches, you are welcome to bring your preferred lunch.

Where: 2140 Chase Drive, Rancho Cordova, CA 95670 ~ Is located on Sacramento Regional Parks property's American River Ranch at Soil Born Farms – **Soil Born Farms is an urban agriculture and education project that encourages healthy living, nurtures the environment, and grows a sustainable community.** Soil Born Farms is a separate not-for-profit organization. **SoilBorn.org**

Where to Park: (see attached map) Please park in the Main Parking Lot.

Who: The Nursery leaders are:

Chris Lewis, Nursery Director cnpschris@gmail.com, (916) 812-2876

Robin Rietz, Propagation Director robinrietz@yahoo.com, (916) 390-9671

Volunteer Rights & Responsibilities

- The right to feel safe. All volunteers have the right to be apprised of any potential risks as well as have precautionary measures and safety procedures in place to ensure physical and emotional well-being.
- The right to leave. This isn't a decision that should be made hastily but, if after talking to and working with the volunteer manager or supervisor, a volunteer still feels unhappy, unappreciated, or unsatisfied with the volunteer experience, the volunteer has the right to leave.
- The responsibility to take care of yourself. Volunteers have the responsibility to make sure they aren't overextending, burning out, or causing physical, mental, or emotional harm by taking on roles that aren't a good fit or for which they aren't properly prepared. Please ask for additional training when appropriate.

Code of Conduct

1. Respect each other at all times.
2. Treat each other the way you want to be treated. Recognize that everyone is different and adds value in their own way.

Nursery Workdays

On your first day, please find Chris Lewis or the day's lead volunteer and sign the liability WAIVERS. Individuals may start volunteering during any workday and will work along the side of one of our seasoned volunteers. Please wear closed-toed shoes, gloves and bring a water bottle. We have water for refills. We also have gloves in the Office; feel free to bring your own clean gloves.

Volunteer Orientation

Each month we will have a complete tour of the Nursery and Gardens the dates of which will be announced in the monthly eNewsletter. Please sign up for the eNewsletter, see link on the Nursery webpage or at the top of this page if reading online.

Special Notices

People may choose to mask at any time. We also **recommend** that if you have a cold or other contagious illness, you either stay home or wear a mask.

SacValleyCNPS.org/Nursery

