Meetings are held on the second Wednesday of the month (except July, Aug, & Dec) at 7PM at the Shepard Garden & Arts Center in McKinley Park, 3330 McKinley Blvd, Sacramento

**NEXT MEETING:**
**Wed., March 12**

Questions? Contact Carol Witham, cwitham@ncal.net

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**Chapter meetings are free and open to the public.**

Books and Sacramento Valley Chapter T-shirts are available for purchase at meetings. Refreshments provided!

**Join or renew today!**

CNPS’ success depends on members’ support. To join or renew, go to [www.cnps.org/join](http://www.cnps.org/join). Or mail membership dues (individual $45; student or limited income $25) to CNPS, 2707 K Street, Suite 1, Sacramento, CA 95816-5113. Other membership levels are also available.

Send questions or address changes to cnps@cnps.org.

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**MARCH CHAPTER MEETING:**

**Open Spaces - Deer Creek Hills Preserve**

Presented by David Popp

Sacramento’s largest open space preserve, Deer Creek Hills is 4,400+ acres of rolling grasslands and oak woodland preserves in East Sacramento County, where the Great Sacramento Valley meets the Sierra Foothills. The region is under tremendous development pressure. Deer Creek Hills Preserve represents one of the largest stands of blue oaks and is one of the most scenic open landscapes remaining in the county. Located just 35 minutes from downtown Sacramento off Highway 16 near Sloughhouse and Rancho Murieta, it has a rich heritage of history, including working ranches, and provides rare opportunities for public recreation and education in a disappearing landscape. The blue oak woodland and prairie grasslands also provide habitat for approximately 170 species of birds, 105 mammal species, 58 types of amphibians and reptiles, over 450 species of plants and lichens, plus an estimated 5,000 kinds of insects. Seasonal creeks, vernal pools and ponds can be seen at the preserve.

David Popp is a plant person who has botanized, practiced herbology, gardened, grown small orchards, rare fruit, and native plants. David is a biology teacher, environmental supporter, docent, master gardener, and a CNPS/NNPS member. David will present a general overview of the Deer Creek Hills Preserve followed by a short demonstration of keying.
Emma Gunterman - A Life Well Lived

By Carrie Black

Emma Gunterman died at age 98 on January 8, 2014. She was a unique individual who accomplished much and touched many lives. She was especially remarkable for a woman of her time. She was born in Holland, came to the U.S. as a young woman, and led a life devoted to the underserved and under represented. For years she was a lobbyist at the Capital where she could be spotted riding her bicycle. She was passionate about many far-ranging causes, from summer school for the children of migrant farm workers to senior issues. It was through one of these many interests that I met her.

I knew her as Emmy. We met in 2006 when she was tutoring low-income adult students in math. Emmy had been tutoring for years before we met. Always determined to right a wrong and unable to find a well written remedial math book, she wrote one. She was very proud of this accomplishment and eventually the book became available on the internet for free.

Our work together evolved into a friendship. Always recruiting others to her cause, she soon began telling me about the California Native Plant Society. It was an organization she truly loved. She always said how friendly and nice a group of people CNPS is. She actively looked forward to the meetings and soon I was attending with her. She loved people and would circulate around the room saying hello, often bringing along a sample of some stray plant for identification. In later years, she became hard of hearing and we began sitting in the front row. Perhaps many of you remember seeing the back of her head and hearing her ask the speaker to hold the microphone further from their mouth.

Through CNPS she found a venue to educate the world about the Dutchman’s Pipe Vine, Aristolochia californica, of which she was very enamored. She created a story board about the vine and its pipe vine swallowtail butterfly. She would talk about how the caterpillar would go walking before pupating. She took her story board to plant sales where she would set up shop and happily converse with any interested passerby. For a time, she visited schools to educate children about the wonders of this fascinating plant.

I used to love to go to into her backyard garden with her. She would point out all the native plants with designated areas for those requiring little water and those needing more. She took real delight in nurturing them and watching them grow. She loved taking pictures of the flowers. She would put up volunteer plants in her yard for the plant sales, especially the redbud trees. Emmy was a wonderful woman and an inspiration. Through her everyday actions she showed me how to grow old gracefully while fully maintaining a zest for life. She lived her values and friendships fully.

Kent Valentine and Bill Wingfield-Dedicated Volunteers

by Andrea Slavin

Kent Valentine and Bill Wingfield were both dedicated volunteers supporting the Vernal Pools and CNPS. They shared not only birthdays (same day & same year) but also shared their love of gardening, botany and animals. Kent and Bill recently passed away within 6 months of each other.

It was usual to see Kent with a camera, especially practicing “belly botany,” photographing and documenting the tiny but important plants and water species with his macro-lens camera. He is credited with some of the photos of the rare and vanishing habitat in “The Vernal Pools at Mather Field” book written by Carol Witham. Kent was known for his generosity, kindness and deep laugh.

Bill was a naturalist who loved gardening and animals, especially birds, which he fed regularly. He was a volunteer with CNPS’s SPLASH Program and led tours of the Vernal Pools. He was a great friend to all who knew him and brought laughter and smiles to every gathering with his stories and jokes.

Both of the “Boys,” as they were called, were interested in educating people, especially children, on the preservation of nature and wildlife in its natural environments. Both of their wives (Andrea and Jeri) are teachers and have created “The Kent Valentine and Bill Wingfield Education Fund,” with donations to the Sacramento Valley Chapter – California Native Plant Society (SVC – CNPS), at Elderberry Farms, 2140 Chase Dr., Rancho Cordova, CA 95670.

See page 6 about Elderberry Farms Capital Campaign in honor of Kent Valentie
Come to Wildflower Wonders!

Saturday, May 3, 2014, 10:00 a.m. - 5:00 p.m.
2140 Chase Drive, Rancho Cordova, CA 95670 at Soil Born Farms’ American River Ranch

Exhibits: All day expert naturalists will give user-friendly interpretations of exhibits that will include hundreds of fresh-cut wildflowers as well as other native plants from our region and its many natural communities. The wildlife that uses them and the insects that pollinate them will not be forgotten since there will also be displays of native bees, hawks, and waterfowl.

Special Guest Speakers:
10:30 a.m. Tom Landis on the great migration of Monarch Butterflies up and down North America: Building your own Monarch Butterfly Waystations
12:30 p.m. Kat Anderson, the premiere expert on uses of plants by California’s first peoples: How California’s Native Peoples Use and Care for our Native Wildflowers
2:30 p.m. Dan Gluesenkamp, the state California Native Plant Society’s dynamic new Executive Director: What’s growing on with California’s native plants: the past, our present, and prospects for the future?

Discovery Zone: There will be an area for kids where they can have fun while learning about nature with microscopes, scavenger hunts, art tables, and videos.

Plant Sale: Don’t miss the Plant Experts at the on-going Drought Tolerant Native Plant Gardening Workshop. Cornflower Farms and Elderberry Farms will have their plants available for perusal and purchase!

This is a free event but donations are greatly appreciated. Gourmet picnic food provided by the legendary Davis Hotdogger will be available for purchase.

This event depends on volunteers! If you would like to help out, please contact Chris Lewis at cnpschris@gmail.com.

Elderberry Farms Native Plant Nursery
at Soil Born Farms
2140 Chase Drive, Rancho Cordova, CA 95670
on the American River Parkway
Suggested donation: $5. (no one will be turned away)

Sign up for the CNPS - Sacramento Valley chapter email list!

The Sacramento Valley chapter of CNPS keeps an email list, which is a convenient way to distribute and receive information related to things of botanical interest. An email list is an automated system in which any list member can send an email to the list address, and it will be sent to all list members. Only list members can post messages, so there is no spam, and the messages are interesting and not too frequent. Sign up now to receive and share information about plants and local botany. You can check out the most recent posts at:
https://groups.yahoo.com/neo/groups/CNPS_SacramentoValley/conversations/messages.

Sign up for the list by sending an email to:
cnps_sacramentovalley-subscribe@yahoogroups.com.

Remembering Don Carol
by Hazel Gordon

We recently learned of the loss of a friend to our chapter. Don Carol was the amiable, always helpful man who set up our chairs and tables for the monthly meetings at the Garden & Arts Bldg. in McKinley Park. He was nearing 80 years of age and passed away at the end of last year. His good nature will be sorely missed but his replacement Chris is doing a wonderful job for us, and we are grateful to both of them for keeping our meetings running more smoothly.

Visit the Stockton subchapter’s website for latest news: eepurl.com/u8mNj Use this link to subscribe to the Stockton sub-chapter e-mail list: eepurl.com/u86Tb

CNPS members living in Stockton who would like to find others in the area to carpool to chapter activities in Sacramento should contact Nadia Zane, (209) 931-5151.


CNPS Field Trips

Nevada City Independence Trail
Lichen Hike

Saturday, March 1, 2014  10 a.m. - 2 p.m.

Come out to look at lichens along the Yuba River near Nevada City. We will first examine lichens in a moist, north-facing habitat. Many lichens here grow on the ground among mosses. We will also see some lichens on the trees. Then we will drive across the river to a hot, dry slope near a picnic area where we will have lunch. Pam will discuss various aspects of lichens and point out the different species we find. You will be able to observe the lichens close-up through a dissecting scope that will be set up along the trail.

This field trip is being coordinated with the Redbud Chapter of CNPS. Bring lunch, water, boots, magnifier loops, and dress for winter weather, as appropriate. Call Pam at 916-687-8134 for more information and directions to the trailhead.

Calypso Orchid Hunt at Mount Tamalpais

Saturday, March 22, 10 a.m. - 2 p.m.

Join local wild orchid expert Raymond Prothero to look for Calypso orchids (Calypso bulbosa) at the Rock Springs Area – Mount Tamalpais State Park. We will park at Rock Springs Parking Area (there has been no charge to park there and it has bathrooms). Bring a lunch and we will find a nice place to picnic. The hike will meet the needs of the group, an easy few miles. There will be some up and down terrain on dirt trails so anyone who needs walking sticks or poles should bring them. Dress according to the forecast – layering for cool and warm conditions is advised. Check the website for more information. Call Pam Kirkbride to arrange carpools: (916) 687-8134

Table Mountain Hike

Saturday, March 29, 10 a.m. - 1 p.m.

Join CNPS members to explore native plants and waterfalls on this popular volcanic table-top near Oroville. The table is famous for its variety of habitats that put on a show of spectacular color from wildflowers that include bright yellow Douglas’ violets in the grasslands and Blenosperma nanum, and white meadow foam in the moister soils. The plateau is covered by acres of small blue lupines with smaller patches of two kinds of orange poppies, blue dicks, blue-and-white bird’s eye glilia, magenta Kellogg’s monkey flower, yellow butter-and-eggs, white popcorn flower, and purple owl’s clover. Each outcrop of dark volcanic basalt is ringed by goldfields and the outcroppings themselves support pink-flowered wild onions, deep pink Lewis’ bitterroots, and masses of greenish-yellow stonecrop. Bring water and lunch, suntan cream, hat, and a walking stick. Sturdy shoes are required. This is an all day trip. Contact Pam Kirkbride for directions and carpool information: (916) 687-8134

Table Mountain Hike

Wildflowers at Table Mountain
Upcoming

Chapter Field Trips
(See page 4 for details)

Nevada City Independence Trail
Lichen Hike
Saturday March 1, 10 a.m. - 2 p.m.
Calypso Orchids and More
Saturday March 22, 10 a.m. - 2 p.m.
Table Mountain Hike
Saturday March 29, 10 a.m. - 1 p.m.

CNPS 2014 Workshops
Register online at https://www.cnps.org/cnps/education/workshops/
March 11-12: Rare Plant Survey Protocols - A Scientific Approach
Taught by Heath Bartosh and Aaron Sims, with a lecture by Roxanne Bittman
Location: CDFW Yolo Bypass Visitors Center, Davis and West Sacramento
Cost: CNPS members $310, non-members $345

March 13: Online Tools for Botanists and Biologists
Taught by Roxanne Bittman and Sandra Summers
Location: Office of Training and Development, Sacramento, CA
Cost: $150 (may be taken together with workshop above or separately)

April 1-2: Introduction to Plant Family Identification
Taught by David L. Magney
Location: Casitas Springs, Ventura County. Cost: CNPS members $310, non-members $345

4th Wed. of the month, 7 p.m.
(Jan.–June; Sept.–Nov.)
Chapter Board Meetings
SMUD, 6301 S Street, Sacramento, CA 95817
Contact: Carol Witham, cwitham@ncal.net.

Ceanothus—Collaborative Plant Identification Workshops
3rd Sat. of the month, 9 a.m.
UC Davis Herbarium (Center for Plant Diversity).
Michael Bower, (530) 902-8721
Bring any plants you’re curious about and the Jepson Manual. Next sessions: Mar. 15 Visit www.ceanothus.org for more information. Email questions to ceanothusfieldbot@gmail.com.

Garden Work Days at the Native Plant Demonstration Garden
Sacramento Historic City Cemetery
1000 Broadway, Sacramento
Bring a hat and water and wear garden-appropriate clothes. Gardening tools available for use and refreshments provided. Pacific Coast iris and red buckwheat will be available to take home. For more information, contact Cassandra at cnpsgarden@gmail.com

Elderberry Farms
Native Plant Nursery
Located at Soil Born Farms
2140 Chase Drive, Rancho Cordova

Wednesday Workdays 9 a.m.–1 p.m.
We pot up seedlings and learn plant propagation techniques. Peanut butter and jelly sandwiches provided. RSVP to Chris, cnpschris@gmail.com.

Friday Walks 9 a.m.–noon.
Plant identification, photography, art and fun! Go to SacValley.CNPS.org, find Friday Walks under Events & Field Trips.

Habitat 2020
Day and Time TBD
For information contact Glen Holstein, holstein@cal.net; (530) 758-6787.

Other items of interest

Effie Yeaw Nature Center
The Center offers free nature-related activities Saturdays and Sundays. For specifics, check out www.sacnaturecenter.net

The Sacramento Valley Conservancy
events and outings including Deer Creek Hill
See website for more info. www.sacramento valleyconservancy.org/calendar.asp

Identifying Lichens to Genus
Saturday, March 1, 9:00 a.m. - 4:30
Holt Hall room 129 at CSU Chico.
For details, contact info, and a registration form, please go to: www.csuchico.edu/biol/Herb/Events.html

Vernal Pools Conference 2014
Thursday, April 10, 9 a.m. - 5:30
Friday, April 11, 9 a.m. - 3:00
Sierra Nevada Brewing Company, Chico
Vernal Pools in Changing Landscapes: From Shasta to Baja. For more information or to register visit: www.aqualliance.net/vernal-pools/vernal-pools-conference-2014

Friends of the Chico State Herbarium:
Introduction to Soil Morphology and Hydric Soils
Saturday, April 12, 9:00 a.m. - 4:00
For more information visit: www.csuchico.edu/biol/Herb/Events.html

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Habitat 2020
Day and Time TBD
For information contact Glen Holstein, holstein@cal.net; (530) 758-6787.

Save the Date

Wildflower Wonders
May 3, 10 a.m. - 5 p.m.
Located at Soil Born Farms
2140 Chase Drive, Rancho Cordova.
Every Wednesday Propagation Workday 10:00 a.m. - 2:00 p.m. Each week we pot up seedlings and learn various propagating techniques under the direction of Robin Rietz, Propagation Director. Every Workday CNPS treats volunteers to peanut butter and jelly sandwiches (or you can bring your own lunch). We also work in our demonstration gardens during workdays.

Sunday Workday: March 9th 10:00 a.m. - 2:00 p.m.
Sign up with Pat at battypatty296@gmail.com

Supporters: One of our amazing supporters is Sacramento Natural Foods Co-op’s Make Every Day Earth Day Program. “Every time you bring in your own bag or choose to not use one, the Co-op donates five cents to non-profit environmental groups. You will receive a token at the register to donate to one of six local organizations. The California Native Plant Society is one of the participating environmental groups.” In January 2009, they adopted SVC-CNPS’ Elderberry Farms for their token program. Since then Sacramento Natural Foods and customers have donated $8,747.68. When you’re shopping at Sacramento Natural Foods be sure to thank them!

Capital Campaign: Last month CNPS member Andrea Slavin contacted me wanting to find a way to honor her late husband Kent Valentine and his love of botany. The result is that SacValley Chapter California Native Plant Society is embarking on a Capital Campaign to expand and improve Elderberry Farms Nursery’s administrative and educational spaces in partnership with Soil Born Farms. Donations can be made to: Elderberry Farms Capital Campaign and mailed to Elderberry Farms c/o Soil Born Farms, 2140 Chase Drive, Rancho Cordova, CA 95670.

Collaboration: The stars aligned and we all benefit! Among James Moulton’s interests were his native plant garden and the Effie Yeaw Nature Center (EYNC). So his family decided to hold his memorial service at EYNC and decorate it with native plants that they would later donate to EYNC. Since plants are required to be local natives to be planted at the Center, EYNC Staffer Jaclyn Teofilo suggested they shop at Elderberry Farms. The family met me at the Nursery, selected plants, created beautiful decorations, and then they donated the plants. Stop by Effie Yeaw (inside Ancil Hoffman Park on the American River Parkway) and admire the plantings!

Friday Walks: are organized and led by John Schmidt in coordination with Robin Rietz, EFNPN Propagation Director. To find out where upcoming walks will be, sign up for our eNewsletter (email cnpschris@gmail.com) or check the Friday Walk webpage on SacValley.CNPS.org
Volunteering at Fairs and Events

You’ve probably been to many events where people sit behind tables in rows and put their energies into letting you know what their group is about. The approaches range from sitting quietly behind a pile of brochures, to “bribery,” to catching the attention of passers-by with a smile, a question, or an intriguing photo or object. We usually do the latter. It’s fun and lets people decide whether or not to come over to our table.

The Sacramento Valley Chapter is a regular at quite a few venues through the year. You might well have seen our table somewhere. We’re always at Duck Days in February, the Sacramento Zoo in March, many places in April for Earth Day/Earth “Month,” the Walk on the Wild Side in May, and the Harvest Day in Fair Oaks in August. We also take part in the two-day Shepard Garden and Arts Sales that occur spring and fall.

What do we have to tell people about? LOTS! Monthly meetings on interesting topics, our newsletter and our eNewsletter, field trips, workshops, our wonderful Elderberry Farms Nursery, the beautiful and well established Demo Garden at the City Cemetery, Wildflower Wonders in spring, our two-day Fall Plant Sale, our popular Gardens Gone Native Tour (the 4th annual coming soon), our efforts to protect both common and rare native plants in their special plant communities, and how to volunteer at these events. We fight for native plants, we educate people about them, and we have fun.

If you’d like to spend a bit of time sharing the tabling at an event, contact Mary Schiedt at 530-400-7094 for details.

CONTACT INFORMATION

Elected Officers
President Carol Witham 916.452.5440 cwitham@ncal.net
Vice President Ramona Robison 916.802.2004 mona@calbotany.com
Secretary Hazel Gordon 530.297.7204 arctostaph@gmail.com
Treasurer Carol Crofoot 916.635.4943 ccrofoot@sbcglobal.net

Chapter Council Delegates
Delegate #1 Glen Holstein 530.758.6878 holstein@cal.net
Delegate #2 Hazel Gordon 530.297.7204 arctostaph@gmail.com

Committee Chairs
Stockton Sub-Chapter Martha Mallory 209.477.3966
Books Joanne Heraty 951.452.8108 joanneheraty@gmail.com
Conservation Deb Popejoy 916.716.3987 debpopejoy@sbcglobal.net
Educationオープン
Elderberry Farms Chris Lewis 916.812.2876 cnpschris@gmail.com
Fairs & Events OPEN
Fall Plant Sale OPEN
Field Trips OPEN
Habitat Ed. & Outreach OPEN
Hospitality/Welcome Cassandra Musto 916.944.1184 pegberry1@gmail.com
Kid/Community Gardens Peggy Berry 916.561.3410 jen.hogan1233@att.net
Mather Preservation Eula Butler 916.719.4854 mathervernalpools@att.net
Membership Hazel Gordon, Joyce Hunting 916.501.2258 arctostaph@gmail.com
Native Garden Tour Susan Fregien 916.967.8522 jhunting@pmcworld.com
Native Plant Gardening OPEN
Native Plant Demo Garden, Historic City Cemetery Cassandra Musto 916.374.8116 cassandra_musto@yahoo.com

Chapter Botanist Glen Holstein 530.758.6787 holstein@cal.net
ECOS Chris Lewis 916.812.2876 cnpschris@gmail.com
Habitat 2020 OPEN
ListServe Moderator OPEN
SACC Bonnie Ross 916.962.3619
SARA Mary Schiedt 530.400.7094
Wildflower Seed Sales Mary Schiedt 530.400.7094
State CNPS Bd of Dir Alison Shilling 530.756.4649 abshilling@mindspring.com

American River Parkway Chris Lewis 916.812.2876 cnpschris@gmail.com
Ceanothus Field Botanists Mike Bower 530.758.6787 mjbower@ucdavis.edu
Chapter Botanist OPEN
Chaparral 3 Mike Bower 530.758.6787 mjbower@ucdavis.edu
COS Chris Lewis 916.812.2876 cnpschris@gmail.com
Habitat 2020 Open
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SARA Mary Schiedt 530.400.7094
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State CNPS Bd of Dir Alison Shilling 530.756.4649 abshilling@mindspring.com

Newsletter Ed., Hibiscus Linda Ramos, Jamie Lefever 916.812.2876 cnpschris@gmail.com
Newsletter Ed., eNewsletter Mike Bower 530.758.6787 mjbower@ucdavis.edu
Plant Sale Chair, Fall & Betsy Weiland 916.488.3894
Wildflower Wonders Chris Lewis 916.812.2876

Programs (Chap mtgs) Mary Met 916.489.1548 maretms@saccounty.net
Publicity Paul Barth 916.501.2258 pathfinder@cal.net
Rare Plants Mike Bower 530.902.8721 mjbower@ucdavis.edu
Website Co-Chairs Chris Lewis 916.812.2876 cnpschris@gmail.com
Joan Kodani kodianij@yahoo.com
Wildflower Wonders Chris Lewis 916.812.2876

American River Parkway Chris Lewis 916.812.2876 cnpschris@gmail.com
Ceanothus Field Botanists Mike Bower 530.758.6787 mjbower@ucdavis.edu
Chapter Botanist OPEN
Chaparral 3 Mike Bower 530.758.6787 mjbower@ucdavis.edu
COS Chris Lewis 916.812.2876 cnpschris@gmail.com
Habitat 200 OPEN
ListServe Moderator OPEN
SACC Bonnie Ross 916.962.3619
SARA Mary Schiedt 530.400.7094
Wildflower Seed Sales Mary Schiedt 530.400.7094
State CNPS Bd of Dir Alison Shilling 530.756.4649 abshilling@mindspring.com

Get Your eNews Here!
The Sacramento Valley Chapter CNPS emails announcements about upcoming events. The eNewsletter is another way to get your information about what’s happening in our Chapter, Don’t worry, signing up for the eNewsletter does not interrupt your Hibiscus newsletter service. Sign up at: SacValley.CNPS.org/ or contact Chris at cnpschris@gmail.com.

Don’t forget!

Gardens Gone Native Saturday, May 10, 2014!
March 2014

SacValley.CNPS.org

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In this issue:

2 Remembering Emma Gunterman, Kent Valentine, and Bill Wingfield
3 Wildflower Wonders
4 CNPS Field Trips
5 Calendar of Events
6 Elderberry Farms

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