**OCTOBER PRESENTATION:**

**Butterflies and Plants: A Pretty Partnership**

Greg Kareofelas, Photographer/naturalist

Come and get acquainted with our local Lepidoptera! Greg Kareofelas will discuss the lore, natural history and conservation of butterflies, with a focus on the butterflies found in our local area. Greg has studied butterflies of northern California for 35 years. With his beautiful collection of photographs and high-resolution scans of actual butterfly specimens, he will help us identify and appreciate the beauty and diversity of butterflies of our area. Learn about their fascinating interactions with host plants and nectar sources, and go home with tips on gardening to attract butterflies to your own yard.

Greg Kareofelas is a long term member of both the California Native Plant Society and the Lepidopterist Society. He is looking forward to answering all your questions, and encourages folks to bring their own butterfly photographs or specimens for identification.

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Chapter meetings are free and open to the public.

Wildflower seeds, books and Sacramento Valley Chapter t-shirts are available for purchase at meetings. Refreshments provided!

**Join or renew today!**

CNPS’ success depends on members’ support. To join, go to [www.cnps.org/join](http://www.cnps.org/join). Or mail membership dues (individual $45; student or limited income $25) to CNPS, 2707 K Street, Suite 1, Sacramento, CA 95816-5113. Other membership levels also available.

Send questions or address changes to [cnps@cnps.org](mailto:cnps@cnps.org).

Visit our website at [sacvalley.cnps.org](http://sacvalley.cnps.org)

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The mission of the California Native Plant Society is to conserve California native plants and their natural habitats, and increase understanding, appreciation, and horticultural use of native plants.
Chapter Officer Nominations
by Sabrina Okamura-Johnson, Chapter President

According to our bylaws, nominations for chapter officers are to occur at the October chapter meeting.

Currently two chapter officers, Hazel Gordon (Secretary) and Carol Crofoot (Treasurer) will stay on for the 2013-2014 term. As I shared with you last month, Barbara and I will not be extending our terms, so nominations for chapter President and Vice President are needed.

Therefore, I ask all of you to consider a self-nomination. (YES! There are many of you out there that would be great in either of these positions.) However if you are not able to serve at this time, please consider talking to others in the chapter that you know would do a great job. I believe there are several members out there that need a personal contact and encouragement to accept a nomination to either of these offices and serve our chapter and community.

For more information about the nomination process, for the office of President or Vice-President, please contact Barbara (bwolf@surewest.net; 916-955-5475) or me (soj@surewest.net; 916-929-7896).

Autumn Greetings!
by Hazel Gordon (arctostaph@gmail.com), Membership Coordinator

Now that we’re back after a summer hiatus, we’d like to extend a very warm and much delayed welcome to our new and returning members:

New

Returning (Thanks for coming back!)
D. Flower, J. Herbert, S. Morey, P. Rogers, T. Sapunor.

We look forward to seeing you at chapter meetings!

Our sincerest thanks go out to the loyal, renewing members who are too numerous to mention here. Your dedication to the goals and activities of our chapter and to CNPS support us in continuing to do what we volunteers consider to be important work that needs to be done!
Please don’t hesitate to e-mail me if there are any problems with your membership or if you’d rather receive your Hibiscus online or by email.

Bringing Nature Home Brings Kudos
By Chris Lewis, Workshop Co-Chair

Our Bringing Nature Home, Transitioning to a Beautiful, Water-Wise Native Garden workshop, held September 8 at Effie Yeaw Nature Center, was a huge success. It not only sold out, but generated a long waiting list—it was clearly needed! One attendee wrote: “Great opportunity to learn about integrated resource management and pollinators, land management, native garden development, and tools and techniques.”

Paul Teppel, executive director of Effie Yeaw, welcomed our full house. Speakers Dave Roberts, Paul Weller, Chris Lewis, Alison Shilling, and Julie Serences all were well received.

The attendees came back enthused from their nature walks led by Kelly Cohen or Jen Hogan, and their wetland exhibit and rain garden tour with Marilee Flannery. One attendee summed it up as an “Awesome program.”

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Our attendees came from the greater Sacramento area and from as far away as Redding and Nevada City. About three-quarters of them had never been to the jewel of the American River Parkway: Effie Yeaw Nature Center.

Co-chair Betsy Weiland arranged for all the food, featuring wonderful box lunches from the Sacramento Natural Foods Coop. It could not have run so smoothly without the help of many additional volunteers: Deb Popejoy, Mary Schiedt, Andy Anderson, Jaclyn Krantz, Kristen Ballew, and Rachel Freund.

Thank you one and all!
Calendar of Events

Upcoming

Oct. 6–7, 10am–4pm
Shepard Garden & Arts Center
Fall Garden Festival
As a “member club” and partner of the beautiful Sacramento Garden and Art Center (SGAAC) at McKinley Park, our chapter will be participating in the SGAAC Fall Festival on October 6th and 7th from 10am to 4pm.

Our Fairs & Events Chair, Mary Scheidt will be present both days and is in need of additional volunteers to come out to help her sell native wildflower seeds and plants, as well as provide native plant information. Please call her (530-400-7094) if you are able to help with a 2-4 hour shift.

In addition, the SGAAC needs “door counters” to keep track of this year’s event attendance. Please contact Kitty Gerwig 877-0912 if you can help.

Nov. 8–9, 2012
CNPS Plant Science Workshop:
Nature Journaling with John Muir Laws
Coyote Hills Regional Park, Fremont
Learn to improve observation skills, ask relevant scientific questions, and explore the natural world through nature journaling. Two days of sketching, art instruction and nature study. Cost: CNPS Members $295; Non-members $320
More information and registration online at cnps.org/cnps/education/workshops/index.php

Dec. 7–9
CNPS Chapter Council Meeting
Our chapter will be hosting the CNPS Chapter Council meeting the weekend of December 7-9. Glen Holstein is Chair of the ad-hoc committee for this event. Hosting the meeting is a lot work that can be made fun with the enthusiastic help of others. Please contact Glen (holstein@cal.net) if you would like to help him and our chapter host this important event.

Ongoing

2nd Wed. of the month, 7pm
(Jan.–June; Sept.–Nov.)
Chapter Meeting & Guest Speaker
Shepard Garden & Arts Center, McKinley Park, Sacramento
See page 1. Meetings are free and open to the public. Books, wildflower seeds, and our SacValley t-shirt available for purchase. Refreshments. For info: Sabrina Okamura-Johnson (916) 929-7896 or email soj@surewest.net.

4th Wed. of the month, 7pm
Chapter Board Meetings
SMUD Art Gallery & Community Center, 6301 S Street, Sacramento, CA95817 (Jan.–June; Sept.–Nov.)
Contact: Sabrina Okamura-Johnson (916) 929-7896 or soj@surewest.net.

Habitat 2020
Day and Time TBD
For information contact Glen Holstein, holstein@cal.net; (530) 758-6787.

Sundays, 10am–noon
Native Plant Demonstration Garden, Sacramento Historic City Cemetery
1000 Broadway, Sacramento
Wear hat, long-sleeved shirt, boots and bring water, gardening tools, gloves, and knee pads. To volunteer during the week contact Sabrina (916) 929-7896 or soj@surewest.net.

Elderberry Farms
Native Plant Nursery
Located at Soil Born Farms
2140 Chase Drive, Rancho Cordova
For more information, check out the Chapter’s bi-weekly eNewsletter. Sign up for it on the Chapter’s Home page: SacValley.CNPS.org

Wednesday Workdays 9am–1pm
We pot up seedlings and learn plant propagation techniques. Peanut butter & jelly sandwiches provided. RSVP to Chris, lewisc916@yahoo.com.

Friday Walks 9am–noon.
Seed and data collecting, photography, mapping and fun! Different destinations weekly.

Other items of interest

The following organizations frequently offer events that may be of interest to CNPS members. Please check their websites for more information.

Ceanothus — Collaborative Plant Identification Workshops
3rd Sat. of month, 9am
UC Davis Herbarium (Center for Plant Diversity).
Michael Bower, (530) 902-8721

The Friends of the Chico State Herbarium (www.csuchico.edu/biol/Herb/Events.html)

The California Native Grass Association (cnga.org/get_involved/)

Effie Yeaw
The Effie Yeaw Nature Center (at California Ave. & Tarshes Dr. in Carmichael) offers free nature-related activities Saturdays at 10:30am and Sundays at 1:30pm. For specifics, check out www.sacnaturecenter.net (there’s a downloadable PDF of the month’s activities under “Happening Now…”); or call (916) 489-4918.

Save the Date!
January 14–16, 2013
Northern California Botanists 2013 Symposium — “From the Redwoods to the Sagebrush: Botany Ranging Far and Wide.” Chico, California.
www.norcalbotanists.org
Wednesday Workdays

Elderberry Farms volunteers spent the first weeks of September in plant sale prep. That’s lots of labeling, checking name changes (thank you Jepson!), trimming up the plants, preparing plant information cards, and oh, more labeling.

By the time you see this we will have had our Fall Native Plant Sale at McKinley Park. But you might get this in time for our bonus native plant sale during Soil Born Farms’ Fall Plant Sale—on Saturday, Sept. 29, 8 a.m.–2 p.m. Come on by and stock up with more for your autumn and winter garden, including fruit trees and organic vegetable and herb starts. Check out their plant list on their website: www.soilborn.org, click “Fall Plant Sale.”

October will be seedy work since we’ll be selling most of our stock at the plant sales. We need your help! Join us during our new hours 10 a.m.–2 p.m. We will take a lunch break and volunteers are welcome to a complimentary peanut butter-and-jelly sandwich, or feel free to bring your own lunch if you prefer.

From The President

WOW! September was an awesome month for California native plants and our Chapter. The Bringing Nature Home workshop was a wonderful success, thanks to great efforts by Chris Lewis and Betsy Weiland and their team. See story on page 2.

At the September 12 chapter meeting, Cassandra Nguyen Musto showcased a wonderful palate of California natives—“Gateway Plants to Coolness”—that area gardeners can incorporate into their gardens. So many plants are “very cool” because they are also wild edibles and medicinals, attractors of hummingbirds and beneficial insects. Afterwards, Cassandra’s native grape jelly and herbal tea were way cool and delicious.

This month, let’s relish our successes and remember the importance of native plants in our neighbors’ lives and ours. Then please consider becoming more involved with our chapter as President, Vice-President, or chair of some of our important committees (such as Sacramento Weed Warriors, or Gardens Gone Native). This chapter wants and needs your help get the message out about the importance of native plants.

Walks

John Schmidt and Robin Rietz choose the Friday Walk locations for each week. So many to choose from, so little time! To find out where we will walk, check the Elderberry Farms Nursery page on our website: SacValley.CNPS.org.

Volunteer Leader Positions

We now have a few Nursery volunteers taking co-leader roles on projects. Betsy Webster is the co-lead for the Plant Fact Sheet project; Jim Wadsworth is the Nursery’s chief maintenance man; John Schmidt is the co-lead for Friday Walks; and two other positions have recently been filled!

Here is another project looking for a co-lead: School Coordinator, “Habitat Host for Every School” Project. This project addresses the fact that not every school has a parent or teacher who is willing to commit to planting and managing a native plant garden in their school. So how can we encourage native plants for every school? Well, since every school has a fence, lawn, and/or garden, any school can have one or more host plants—elderberry, pipevine, and milkweed.

The Every School Habitat Project Coordinator duties include:
• Help develop materials for schools about the plant-host nexus; the advantages for the critters when we increase habitat for them; and the educational opportunities of having these plants on school sites.
• Offer a host plant free to a school that wants to participate in our program.
• Track schools, site coordinator, plants, and results.
• Coordinate with Nursery propagation staff.
Learn more about this rewarding project on the Elderberry Farms page on our website SacValley.CNPS.org.
Rare Plant Highlight: St. Catherine’s Lace

By Jill Spear

Did you know that there are rare plants in our chapter’s demonstration garden in the Sacramento Historic City Cemetery? One of them is St. Catherine’s Lace (Eriogonum giganteum var. giganteum). St. Catherine’s lace, also known as Santa Catalina Island buckwheat, originated on Catalina Island, but is now widely planted on mainland California as a garden plant. It is an evergreen perennial shrub and has tall inflorescences that make it ideal for adding interest to a garden. St. Catherine’s lace blooms from March to October and in its native habitat is found in rocky areas of chaparral and coastal scrub vegetation. Currently, this plant is listed by CNPS as a 4.3 Rare Plant Rank (RPR) designating it as uncommon in California but not severely endangered.
Your chapter needs you!
Officer, board, and volunteer positions are open—see inside for info.

SacValley.CNPS.org
The Sacramento Valley chapter newsletter, Hibiscus, is published monthly, except for July, August, and December. Deadline for Hibiscus contributions is midnight of the Friday before the monthly meeting for possible inclusion in the next month’s newsletter. Please send your submittals to EditorHibiscus@gmail.com.